

SEASONS OF HOPE

A Support
Group
for the
Bereaved

Our Lord assured us that those who mourn are blessed, and that they shall be comforted. The *Our Lady of Grace Grief Support Group*, meeting the first and third Thursdays of the month at 5:00 in the Parish Life Center, offers the bereaved an opportunity to come together to share God's love. With the support of the faith community, we can give voice to our unique journeys of grief and find healing and spiritual growth. Sessions, lasting between 60-90 minutes, help us explore mourning through scripture, prayer, reflection activities and faith sharing. If you are experiencing loss, please join us as we find strength, hope, and move toward Christ's peace. For more information, please call Mary Arnold at 352-746-2144.